

# »» Teen PHP Schedule ««

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8-8:30	Vitals				
8:30-9:15	Breakfast				
9:15-10	Weekend Check-In	RODBT	Binder Group	Body Image 2	Relapse Prevention and Process
10-10:45	Mixed Media Arts	Body Bio	Body Image 1	Emotion Regulation	
10:45-11	Snack				
11-12	Treatment Hour				
12-1	Lunch				
1-2	DBT	Art Therapy	Process Group	DBT	Weekend Planning
2-2:45	Yoga	Metaphors	Advocacy	Yoga	Art Therapy
2:45-3	Snack				